

CHAITANYA

**Friends of Nimhans
Malleshwaram
Bangalore
India**

Report Submitted to

ANURADHA FOUNDATION

USA

20 -April- 2010-2011

Report



PREAMBLE

§1. Chaitanya, Friends of Nimhans is an organisation of volunteers formed by dedicated women located in the area of the Metropolis of Bangalore. The organisation runs a sheltered workshop and rehabilitation centre primarily for mentally challenged persons who have undergone treatment at the National Institute of Mental Hygiene and Neuro Sciences, Bangalore. Chaitanya has rendered yeoman service for nearly quarter of a century and takes pride in the fact that many patients have returned to the society and families after careful mentoring at the centre.

Over the years, costs increased, number of patients increased and Chaitanya was finding it difficult to make the ends meet. Funds were being raised through volunteer contacts and events but the gap between needs and resources kept increasing.

Anuradha Foundation graciously extended its wholehearted support to Chaitanya in first half of 2008. With that benevolent gesture, Chaitanya could stop worrying about funding and truly focus on its objectives and execute plans to fulfil those objectives. Chaitanya is indebted to Anuradha Foundation for this act of benevolence and will strive hard to achieve its objectives.

This report presents in brief the progress of Chaitanya after the funds were received from Anuradha Foundation.

§2. Activities:

Chaitanya continued all of its original activities that were being carried out as a therapeutic measure to rehabilitate the patients such as manufacture of paper bags, condiments, pickles, cleaning solutions, textile accessories, arranging events for patients to participate, market products and the like.

After receiving the funding support from Anuradha Foundation, of the many additional activities and avenues planned, Chaitanya has successfully achieved the following :

1. Basic Computer education
2. Block Printing on Textiles and Paper
3. Extending services to Speech and Hearing Challenged

Right now five patients are undergoing data entry skills. Two new entrants are keen on learning computer skills. They will be gradually introduced to computer education. The three patients who are already undergoing computer education have shown remarkable improvement. They are successfully doing data entry.

Block printing activity has been very successful. Patients who underwent training in block printing have become quite adept at it. The gift wrappers made by them have become very popular. There is a lot of demand for them.

Speech and hearing impaired patients have shown a lot of improvement after the speech therapy. They have become more communicative. A visually impaired person has been attending the sheltered work shop. She is being trained in making paper bags. There are three new entrants attending the sheltered work shop.

There has been a lot of demand for double layered news paper bags. They are made leak proof so that they could be used for garbage disposal instead of polythene bags which are banned.

§3. Organisation Improvements

Consequent to funds flow improvement, Chaitanya has been able to meet additional expenses due to inflation.

- Staff emoluments had to be further improved because of the rise in the cost of living.

A new psychiatric counsellor has been taken on the roll. She makes two visits per month.

- Emoluments of the patients have also been improved.
- The cost of raw material has gone up.

As a result of all these, average monthly expense has gone up to RS- 50.000.

Thanks to Anuradha Foundation for enabling the organization to meet the above expenses for the past three years.

§4. Out Reach and Measurement aspects:

The Centre has been able to reach out to more patients and the Outlook of each has been measurably positive. Nimhans specialists are on hand to monitor the progress. The ability of patients to eagerly adopt to new skills, show competitiveness is another indicator of success. The vast improvement in the schizophrenic patient as well as the speech challenged duo is a matter of satisfaction to the volunteer group at the centre.

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§5. In conclusion:

Chaitanya is looking forward to many years of dedicated service to this challenged section of the society. Grant from Anuradha foundation has helped in meeting the objectives. Chaithanya is grateful for the support given by Anuradha foundation for the last three years and we are ever great full for the same. We look forward to a very long association with the like minded organisations. No new training has been planned for the ensuing year as we are unable to meet the additional expenses.